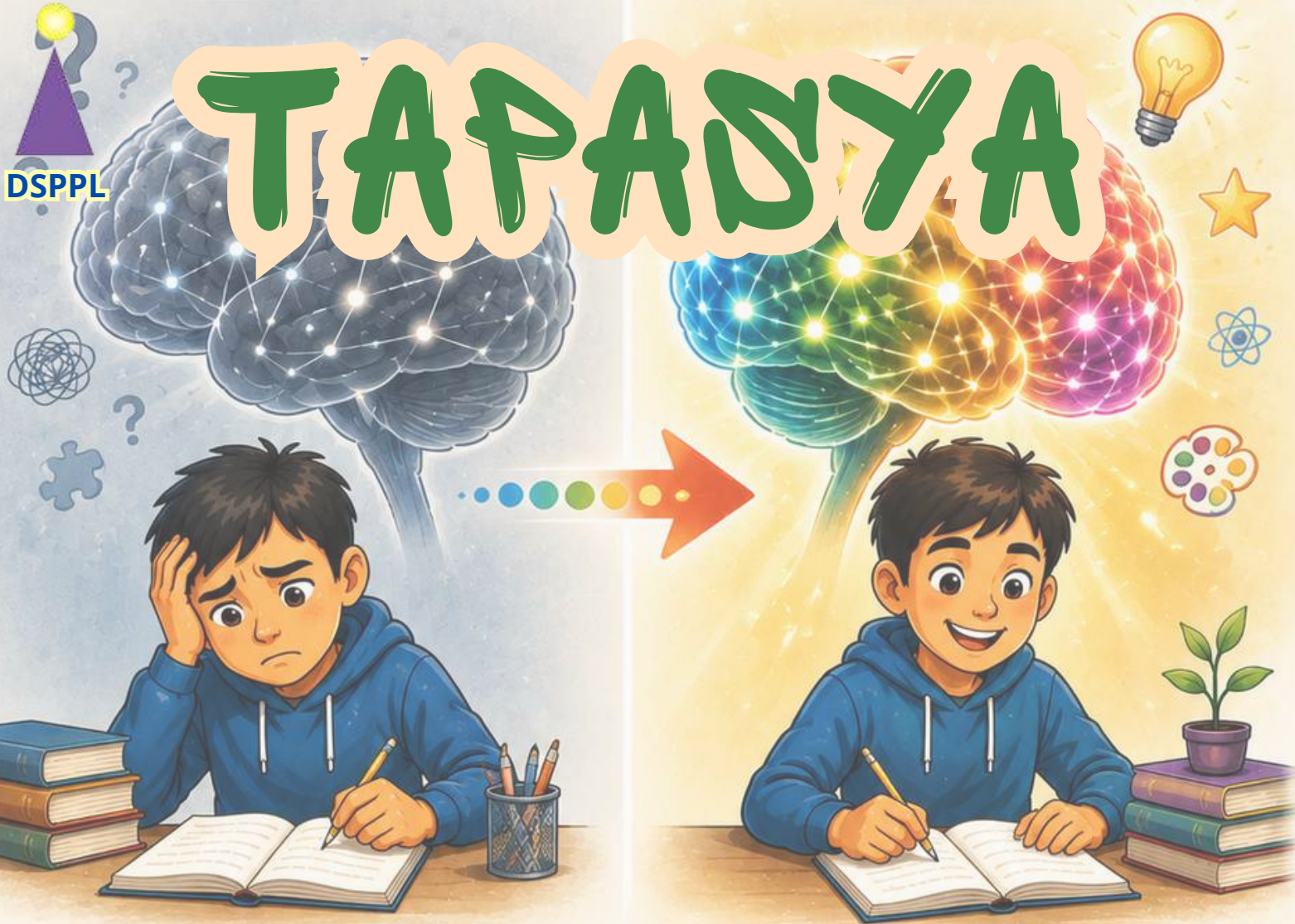
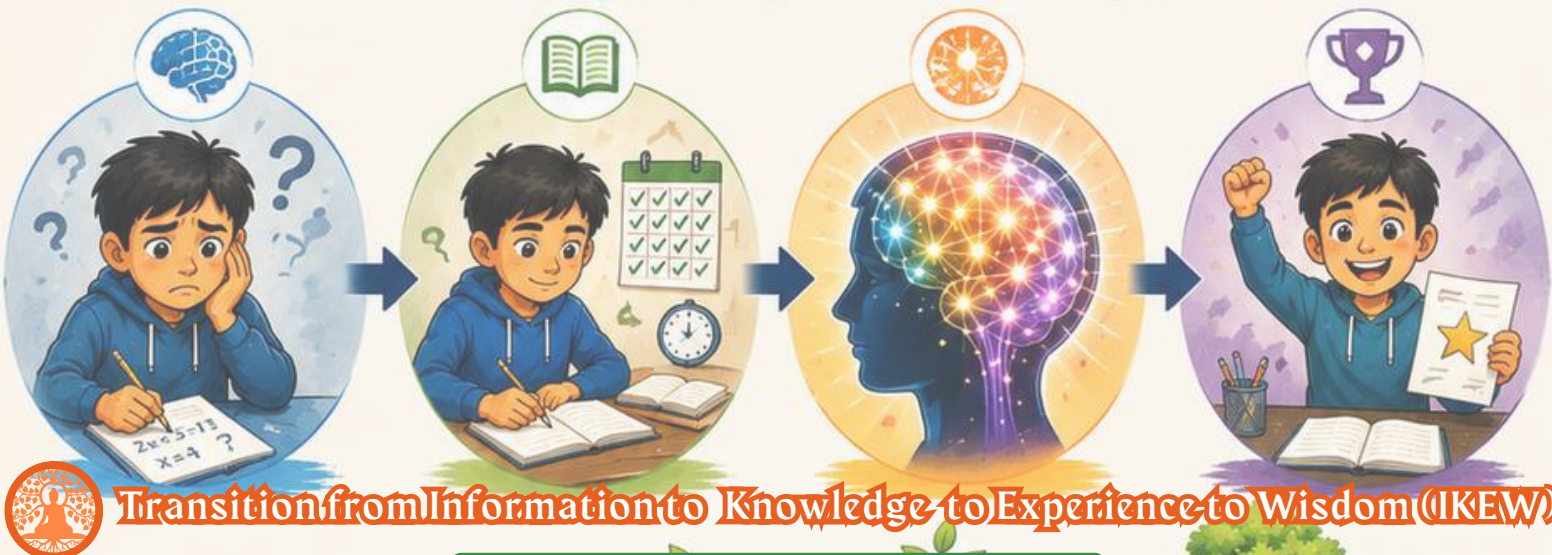




NEUROPLASTICITY

Your brain changes and grows every time you learn.



A Devrukh Spiritual Prowess Pvt Ltd (DSPPL) initiative

This newsletter is specially for all students, teachers and parents. As Ajit Telang Sir used to say that the education of a student is a social triangle. Unless, teachers and parents do not form "perfect" angle, the educational triangle can never achieve the ideal "equilateral triangle" combination.

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Clinical Psychologist & Director, DSPPL

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Ajit Telang Sir - Our Inspiration!



॥ सुभाषित बोध ॥

- Vinaya Deo, Pune

DSPPL



आज्ञा गुरुणाम् ह्यविचारणीया !

भावार्थ - सद्गुरु की आज्ञा पर शिष्य ने तर्क वितर्क नहीं करना चाहिए

सशुश्रुवान् मातरि भार्गवेण
गुरुर्नियोगात् प्रहृतं द्विषदवत्
प्रत्यग्रहीदग्रजशासनं तद्
आज्ञा गुरुणां ह्यविचारणीया (रघुवंश-सर्ग१४)

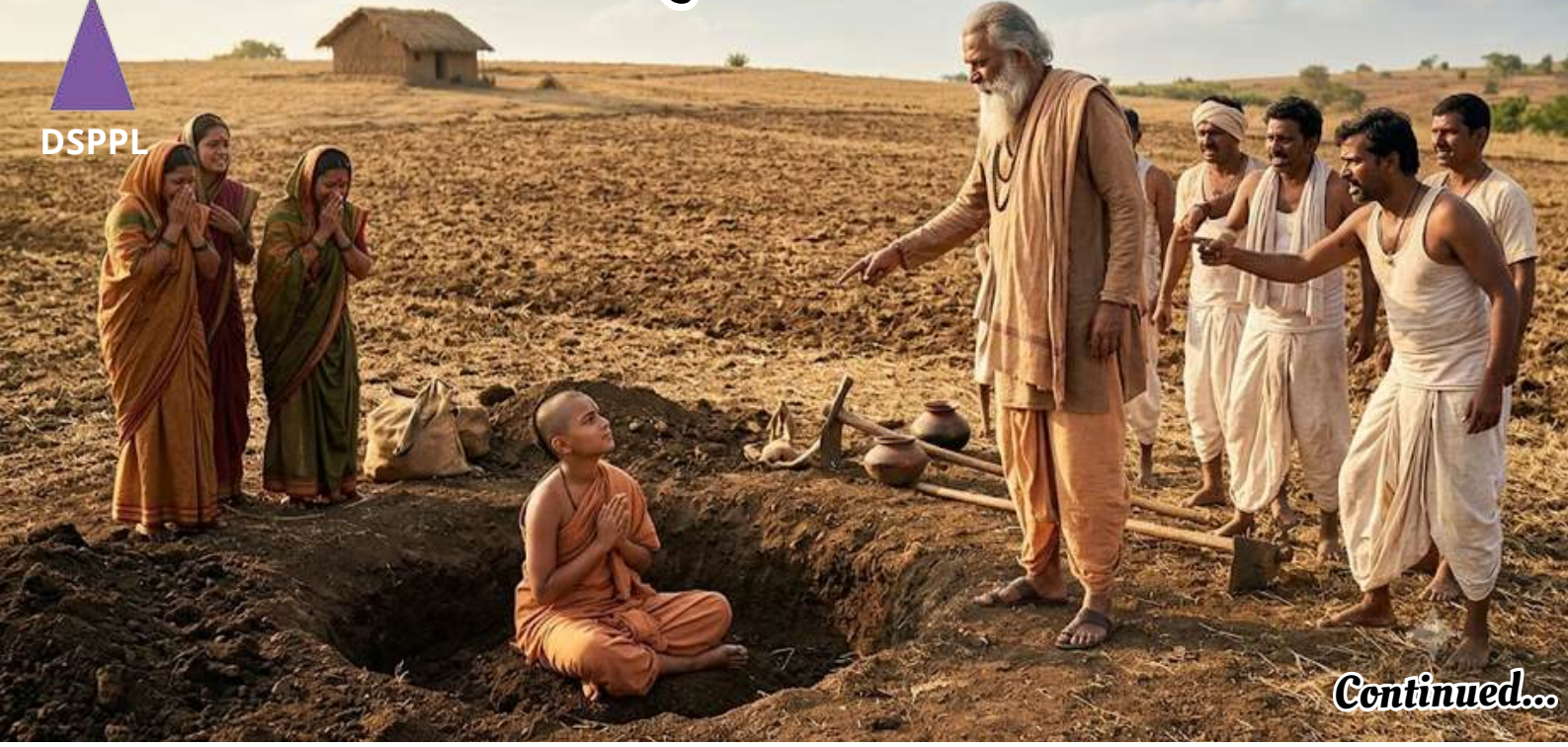
अन्वय - सः (लक्ष्मणः) भार्गवेण पितुः नियोगात् मातरि द्विषत वत् प्रहृतम् शुश्रुवान्, तत् अग्रज शासनम् प्रत्यग्रहीत्। हि गुरुणाम् आज्ञा अविचारणीया भवति॥

अर्थ - उसने (लक्ष्मणने) परशुरामने पिताकी आज्ञासे माता के मस्तक पर शत्रुवत्प्रहार किया था, यह सुना था। अतः उसने गुरु स्वरूप बड़े भाई की आज्ञा मानली। क्योंकि, गुरुके आज्ञा पर (शिष्यने) तर्क-वितर्क नहीं करना चाहिए।

शब्दार्थ - शुश्रुवान् - सुनाथा। नियोग - आज्ञा, प्रहृतम् - प्रहार किया। अग्रज - बड़ा भाई, प्रत्यग्रहीत - स्वीकार किया। हि - कारण। अविचारणीया - बहस करने योग्य नहीं।

भावार्थ - रामजी ने लक्ष्मण को आज्ञा दी "तेरी भाभी को यानी सीताजी को वनमे छोड़के वापस आना"। तब लक्ष्मणजी भयभीत हुए। निष्पाप मातृतुल्य भाभी के 'चरण' नित्य वंदन करने वाले सीताजी को किसी दुष्ट मानव के असभ्य, असत्य आक्षेप के कारण वन छोड़ना अन्याय था। लक्ष्मणजी मन ही मन शर्मिंदा हुए। फिरभी तनिक भी उल्टा सीधा बोले बिना श्रीराम की आज्ञा का स्वीकार किया। क्योंकि श्रीराम लक्ष्मण के लिए गुरु समान बड़े थे और सद्गुरु स्वरूप भी थे। उन्होंने सुना था कि परशुराम जी की माता का मस्तक उसने केवल पिताजी की आज्ञा के कारण बिना सोचे 'गुरुआज्ञा' शिरसावंध मानकर काटा था। बादमें गुरु जमदग्नि प्रसन्न हुए। "वरदान मांगो", ऐसे भृगुसे कहा। तो उसने अपने मृत अग्रज और माता को जिंदा करो और भूतकाल की इस घटना की स्मृति उनके मस्तिष्क से सदा के लिए हटाओ ऐसा वरदान मांगा। आज्ञाधारी परशुराम से प्रसन्न होकर जमदग्निने सबको जीवित किया।





Continued...

तो इस कथा से यह बोध मिलता है कि, सद्गुरु स्वयंभू परब्रह्म ज्ञानी 'सद्गुरु' पद प्राप्त हो तो उनकी 'आज्ञा' भले कितनी भी अव्यवहारी हो, बिना तर्क-वितर्क श्रद्धा से उसका पालन करना ही चाहिए, इसमें ही शिष्यका हित अंतर्निहित है।

बोधकथा - श्री ब्रह्मचैतन्य गोंदवलेकर महाराज जब साधक अवस्था में थे, तो उनके गुरुने श्रीतुकामाई महाराज उन्हें अजब आज्ञा की। गुरुकी खोज में श्रीगोंदवलेकर महाराज आए थे। उनको तुकामाई गुरु भूखे रखते धूपमें खड़े करते फिर भी श्रीगोंदवलेकर महाराज हसकर सहन करते। गुरु तुकामाईने उन्हें गर्त में डाला। और श्रीगोंदवलेकर महाराज को मौन धारण करने की आज्ञा की, तब उनकी उमर ९-१० साल की थी। फिर भी सद्गुरु की हर एक कृति मेरा कल्याण करने वाली है, ये श्रद्धा गोंदवलेकर महाराज की थी।

एक बार महाराज ध्यान करते थे। गुरुने बताया मेरी अनुमति के सिवाय एक शब्द भी बोलना नहीं। उधर कुछ बच्चे खेल रहे थे। थोड़ी देर बाद पालक आए तो बच्चे गायब। तुकामाईने श्रीमहाराजकी ओर अंगुली निर्देश करके बताया तुम्हारे बच्चे इस साधक ने गड्ढे में गाड़ दिये हैं। माताएं रोने लगी पुरुषोंने गर्त को खुला किया। अंदर बच्चे थे। सबलोग श्रीमहाराजको मारने लगे फिर भी श्रीमहाराजने सद्गुरु तुकामाई की आज्ञा का उल्लंघन किया नहीं। मौन धारण करके सब सह लिया। बादमें वे लोग श्रीतुकामाई को प्रणाम करके निकलपड़े। अब तुकामाईने श्रीमहाराज को गले लगाया। तुझे लोगों से पिटवाया झूठे आरोप किया। फिर भी मेरी आज्ञा शिरोधार्य मानकर तूने मौन नहीं छोड़ा। तेरा देहाभिमान भी अब पूरी तरह गालित हो गया है।

तात्पर्य - इस तरह "सद्गुरुपदप्राप्त" गुरु की आज्ञा पर कभी भी बहस या अविश्वास नहीं करना। क्योंकि शिष्यका हित गुरु को ही समझता है। गुर्वाज्ञा 'कल्याण' है उसका तन मन धन से पालन करनेमें ही शिष्य का कल्याण है।

Vinaya Deo, Pune

Senior Visiting Faculty for M.A. Sanskrit Literature at prestigious Tilak Maharashtra Vidyapith, Pune since 1987



Uncanny Nexus - A journey beyond

Volume 2: Echoes of the Unknown

Encountering Eunice Effect Part 2 of 2

- Dip. SAC Ashwini Telang, Clinical Psychologist & Director, DSPPL

THE PURSUIT OF WISDOM HAS LED THE SEEKERS TO UNRAVELLING TRUTHS ONCE BURIED IN TIME, BUT WITH EACH REVELATION, THE MYSTERY GROWS DEEPER. WHAT WAS ONCE AN ACADEMIC ENDEAVOUR HAS BECOME SOMETHING FAR GREATER—A FORCE FAR OLDER THAN THEIR UNDERSTANDING, SHAPING EVENTS BEYOND THEIR CONTROL.

HIDDEN MANUSCRIPTS SURFACE, WHISPERS FROM LOST AGES STIR, AND COSMIC FORCES BEGIN TO SHIFT THE BOUNDARIES BETWEEN PAST AND PRESENT. KNOWLEDGE HAS ALWAYS BEEN THEIR GOAL, BUT NOW, AN UNSETTLING REALIZATION SETS IN:

NOT ALL KNOWLEDGE IS MEANT TO BE FOUND. SOME TRUTHS CHANGE EVERYTHING.

THE SECOND VOLUME OF UNCANNY NEXUS PLUNGES THE SEEKERS INTO THE HEART OF FORGOTTEN WISDOM, COSMIC REVELATIONS, AND THE MYSTERIES THAT LIE BEYOND HUMAN PERCEPTION. BUT WHAT THEY UNCOVER NOW WILL ALTER THEIR PATHS FOREVER.

PREVIOUSLY, AT SHOKA UNIVERSITY, JAPAN—

Students from across the world converged through serendipity. Some arrived as friends, others as foes, and many stood at the threshold of self-discovery.

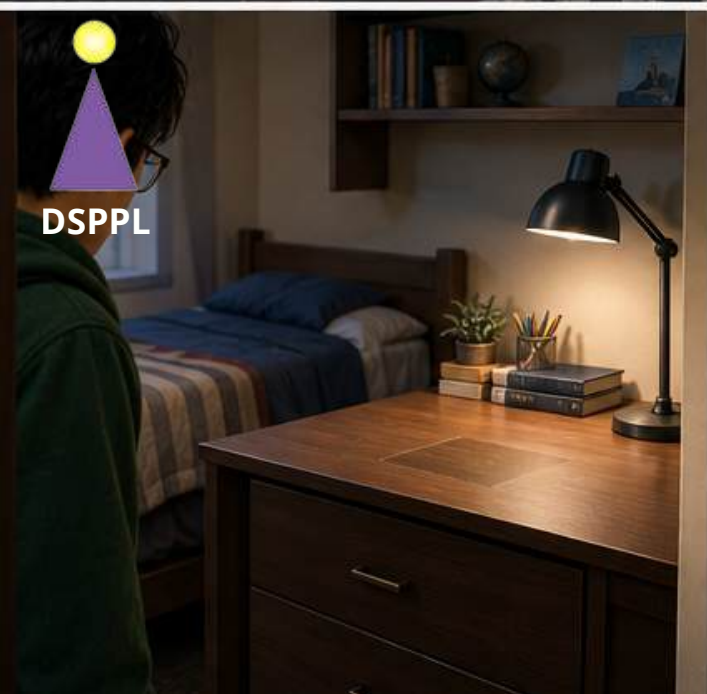
Each approached the assignment through a different lens: some guided by mystery, others by the quiet force of free will shaping destiny.

The mystery whispered its own logic—one not of answers, but of pathways.

Exploration became the first rite.

Experience, the second. And elevation, the silent promise that followed.





As Group Yuyutsu (युयुत्सु) walked away, Aniya turned to Hyeon, “Do you still have the object with you?”

Hyeon replied, “Yes. It’s in my room. Why are you asking all of a sudden?”

Aniya deeply thinking responds, “Well, the way they were acting... I think... the object may not be there.”

Ved nodded, “Maybe Ann is right” and whispered in a muffled voice, “But I guess, we need to check whether it’s there or not. As we can’t assume things before knowing the whole truth.”

Everyone nods in agreement. However, Ved still engrossed in his thoughts is noticed by Aniya who is walking beside him. Concerned she probes Ved, “V, is something bothering? You seem disturbed.”

Ved nods, “Yes... it’s just that... I was wondering about what Tairitsu mentioned?”

Avenlee glimpses at both Aniya and Ved before questioning in a muttering tone, “Ved, what do you mean?”

Ved replied murmuringly, “Tairitsu just said they are going to write a critical review on our research submitted. If that happens, they’ll get special points for doing so and I think, at least for our understanding we should learn about it.”

Haruka, who seemed to be silent so far suddenly spoke, “But first let’s check Hyeon’s room and see if the object is there or not.”

Everyone from Troupe अनंत (Anant) agrees and heads towards Hyeon’s room. As they reach Hyeon’s room Ved inquires, “Isn’t that room allotted to Yokkyū?” looking at the room next to Hyeon’s.

Hyeon nods, “Yes, it is.”

And hurriedly opens his room door only to find that their mysterious object is missing.



Uncanny Nexus - A journey beyond Volume 2: Echoes of the Unknown

Contd...

Hyeon looks at everyone and utters, "I guess, Ann's doubt was true. They indeed have tampered with that mysterious object." He pauses for a few minutes and then says, "But why? They could have asked if they wanted to take it or explore it."

Haruka spontaneously voices her realisation, "Oh that's why Asanyeo and Anstrich were looking at us mysteriously and curiously. Maybe they know something that they wanted to say only if we asked."

Karunashankar abruptly says, "Only if we asked? Does that mean they wanted us to get bogged down for a while before we ask them?"

Haruka replies with calm demeanour, "You are right about that KS. They wanted us to be sad and frustrated so that they can have enough time to take us down. Maybe that's exactly why Tairitsu mentioned that they won't play fair."

Avenlee, patting Haruka's back, "Good observation."

Ved intuitively speaks out of the blue, "यत्र भावः गुप्तम् एवम् स्वभावः सूप्तम् तत्र प्रभावः दुर्गम् (yatra bhaavah guptam evam swabhaavah suptam tatra prabhaavah Durgam)"

Haruka nods slightly, trying her best to translate it into a poetic version, "Where emotions are hidden and nature is forbidden, there influence becomes difficult to smidgeon (trace)."

The group stands still for a moment — each one mirroring the intricacies of Ved's words, as if the silence itself had become a cipher*(encryption).

Aniya breaking the ice, "Then why wait? Let's ask them first."

To be continued...



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Science of Learning Part 30

Just for Today... or Even Better, Just for the Present Moment

Tapasya



- ca pranjal joshi

This must be the story for many. To confess, it had been my story as well.

Every Sunday I used to promise himself, "From Monday onwards, I'll study seriously." Monday would begin with enthusiasm, but within a day or two the plan would fade away. The cycle continued for months. I was wasn't lacking intelligence or ambition. I wanted to score well, make my parents proud and pass my CA examinations. What probably lacked was not the motivation, but the strategy that will work "Today", not someday.

Here is the way out, that I found –

A. Finding the real issue that creates obstacles in our studies –

Goals give direction, but they can also overwhelm. A large goal (passing CA exam) often creates a large burden. The student starts thinking about dozens of chapters, countless problems, revisions and tests. Before opening the first book, the task already appears impossible.

The problem is not the goal. The problem is trying to carry the entire journey in one step. This is the real issue that creates an obstacles in our studies.

B. The Power of "Just for Today"

Instead of worrying about the next six months, ask a much simpler question, "What can I complete just for today?"

Today's commitment may simply be – Revise one chapter, Solve ten mathematics problems, Learn one concept thoroughly, Write one answer without looking at the book, Read one lesson with complete understanding. Combination of these or even only one of these tasks for today.

But we all will agree that all of these are now achievable promises.

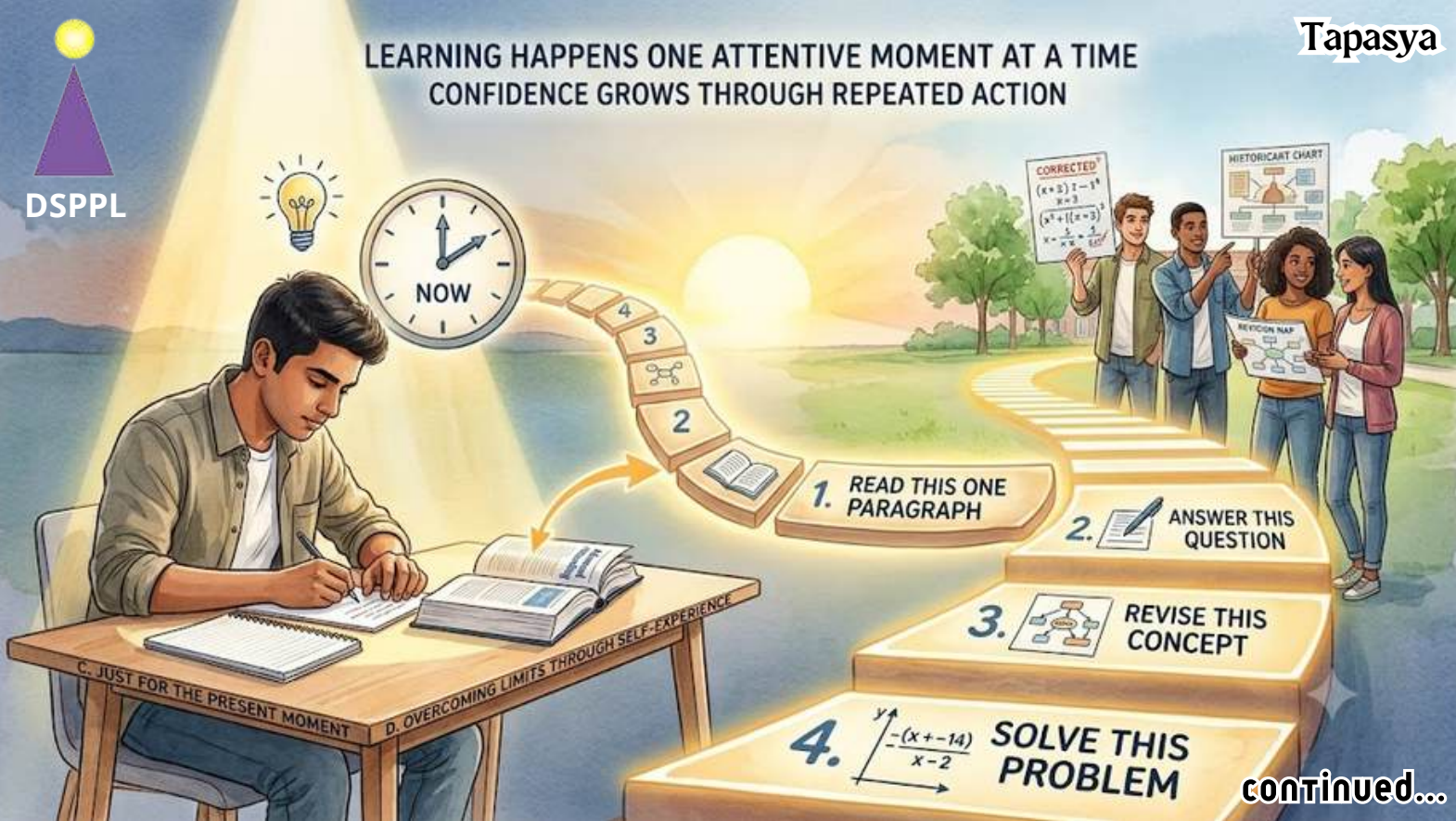
If we can achieve this then at the end of the day, success becomes easy to measure. Either today's commitment was completed or it wasn't. Tomorrow brings a new opportunity to make another small promise, small list of additional academic tasks.

Many successful days, when added together, quietly produce excellent examination results.



LEARNING HAPPENS ONE ATTENTIVE MOMENT AT A TIME
CONFIDENCE GROWS THROUGH REPEATED ACTION

DSPPL



C. An Even Better Strategy "Just for the Present Moment"

Even "Just for Today" can sometimes feel overwhelming. A student may still think, "There is so much left to finish today." So let us make the time horizon even smaller. Just for the present moment.

Instead of saying, "I have to study for three hours," let's say, "For this moment, I will read this one paragraph with complete attention."

When the paragraph is finished, focus on the next one. Then the next question. Then the next page. Learning never happens six months at a time. It happens one attentive moment at a time. Learning Requires Presence, Not Just Time

Let's understand that what we need is better attention rather than more time. Understanding happens only in the present moment. The quality of attention determines the quality of learning.

D. How we limit ourselves and what we can do to overcome it "Today"?

Many of us carry limiting beliefs – "I am weak in Mathematics." "Science is too difficult for me." "I cannot remember History."

Such beliefs are rarely changed by motivational speeches. They can change only through self-experience.

Every correctly solved problem, every completed revision, every concept understood and every small success becomes fresh evidence that learning is possible. Confidence does not come before action. Confidence grows because of repeated action.

Do not hesitate to take help from your friends and helping your friends in doing this!





continued...

E. The real examination is actually given “Today”

The examination is actually attempted twice. The first is “Today” while reading one page carefully, solving one problem honestly, revising one chapter sincerely and giving full attention to the present moment.

The second is written in the examination hall.

We often worry endlessly about the second examination while neglecting the first, and the real examination.

The secret is remarkably simple.

Do not try to win the next six months today. Do not even try to conquer the whole day at once. Simply do your best in this present moment.

When enough present moments are lived well, today becomes successful. When enough successful days are accumulated, examinations take care of themselves.

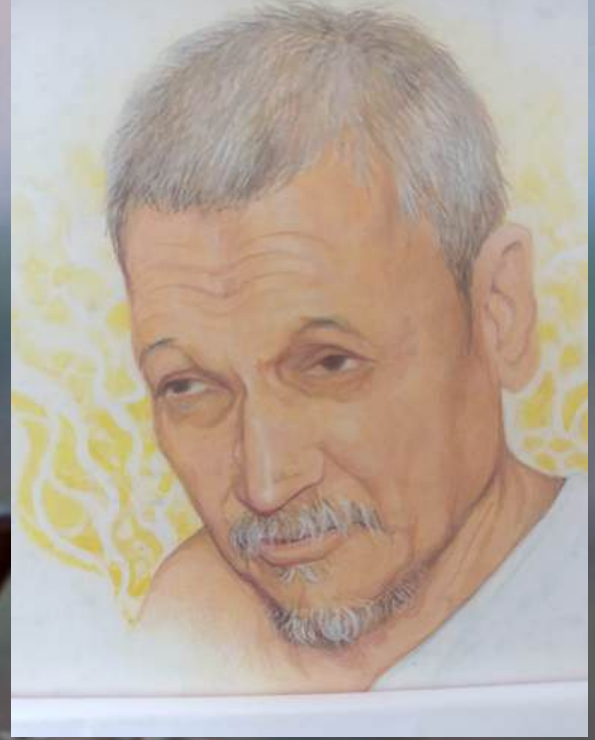
CA Pranjal Joshi, Pune

Founder Director of DSPPL, Managing partner of CA firm with 22+ Years of experience. Corporate trainer & visiting Faculty for various Management Institutes. Trustee & Financial Advisor to various domestic and International Trusts/NGOs working in the field of sports, medical, employment and Spiritual activities.



"अग्निहोत्र जनक"

लेखांक ४



Article Series on Revival of Agnihotra and Shri Gajanan Maharaj, Akkalkot by CA C V Kavathekar, Pune

इस लेखमाला के पहले भाग में हमने श्रीजी के परिवार, जन्म तथा बाल्यकाल की शिक्षा का विस्तार से वर्णन किया था। विभिन्न स्थानों पर शिक्षा प्राप्त होने के कारण उनके व्यक्तित्व का विकास भी विशिष्ट ढंग से हुआ।

अक्कलकोट स्थित श्री बालाप्या महाराज द्वारा स्थापित गुरुमंदिर के मठाधीश श्री गंगाधर महाराज तथा उनकी धर्मपत्नी श्रीमती उमादेवी के सान्निध्य और संरक्षण में श्रीजी की प्रारंभिक शिक्षा अक्कलकोट के शहाजी हाई स्कूल में प्रारंभ हुई। श्रीजी गुरुमंदिर में ही निवास करते थे और विद्यालय वहाँ से बहुत निकट था।

यदि हम अपने बचपन और विद्यालय के दिनों को याद करें, तो सामान्यतः हमारी पढ़ाई मित्रों, खेलकूद और हँसी-मजाक के बीच बीतती थी। अधिकांश लोगों का बचपन भी कुछ ऐसा ही होता है। परंतु श्रीजी का बाल्यकाल इससे बिल्कुल भिन्न था।

उनका केवल एक ही घनिष्ठ मित्र था। वे उसी के साथ विद्यालय जाते, उसी के साथ गाँव के बाहर भ्रमण करने निकलते और कक्षा में भी दोनों एक ही बेंच पर बैठते थे। आश्चर्य की बात यह थी कि श्रीजी के साथ उस बेंच पर कोई अन्य विद्यार्थी कभी नहीं बैठता था। यदि किसी दिन श्रीजी विद्यालय नहीं आते, तो उनकी पूरी बेंच खाली रहती थी। उस स्थान पर कोई दूसरा छात्र बैठने का साहस नहीं करता था।



"अग्रिहोत्र जनक"

continued...

बाल्यावस्था में प्राप्त आध्यात्मिक वातावरण का श्रीजी के जीवन पर अत्यंत गहरा प्रभाव पड़ा। विद्यालय में पढ़ते समय अथवा गाँव में कहीं भी जाते हुए वे इस बात का विशेष ध्यान रखते थे कि कोई अनावश्यक रूप से उन्हें स्पर्श न करे।

श्रीजी का मन सामान्य विद्यालयी शिक्षा में अधिक नहीं लगता था। उनका कहना था कि विद्यालय में जो शिक्षा दी जाती है, वह केवल जीविका चलाने के लिए उपयोगी है, जबकि उनका जीवन-पथ कुछ और ही था।

फिर भी उन्हें गणित विषय अत्यंत प्रिय था। वे प्रातःकाल हाथ में लालटेन लेकर अपने शिक्षक त्रिवेदी मास्टर के घर गणित की विशेष शिक्षा लेने जाया करते थे। श्री गंगाधर महाराज ने उनसे कहा था कि जिन लोगों का गणित अच्छा होता है, वे अत्यंत बुद्धिमान, तर्कशक्ति से संपन्न और दूरदर्शी होते हैं। उन्होंने उदाहरण के रूप में रैंगलर परांजपे तथा सर चिंतामणराव देशमुख जैसे महान विद्वानों का उल्लेख भी किया था।

सन 1936-37 में मैट्रिक परीक्षा की तैयारी के लिए श्रीजी खामगांव गए, जहाँ उनके चाचा डॉ. माधवराव सावलापुरकर तथा उनके दोनों पुत्र रहते थे। वहाँ भी उनका मन पाठ्यपुस्तकों तक सीमित शिक्षा में नहीं लगा।

सन 1937 में मैट्रिक परीक्षा देने के बाद वे पुनः रायपुर लौट आए। आगे की शिक्षा जारी रखनी चाहिए या नहीं, यदि नहीं तो आगे का मार्ग क्या हो, इस विषय पर परिवार में विचार-विमर्श चल रहा था। श्रीजी स्वयं भी किसी निर्णय पर नहीं पहुँच पा रहे थे।

तब उन्होंने कहा, "आइए, श्री गणपति के समक्ष चिट्ठियाँ रखकर निर्णय लें। जो आदेश मिलेगा, वही स्वीकार करेंगे।"





"अग्निहोत्र जनक"

continued...

चिट्ठी के माध्यम से जो संकेत प्राप्त हुआ, उसके अनुसार उन्हें अक्कलकोट जाना था। इसे उन्होंने श्री गणपति की आज्ञा मानकर बिना किसी संशय के स्वीकार किया और अक्कलकोट के लिए प्रस्थान कर दिया।

इसी अवधि में श्रीजी का आकर्षण दासबोध ग्रंथ की ओर बढ़ा। वे प्रतिदिन उसमें से किसी एक ओवी अथवा समास का अध्ययन करते और उसके गूढ़ अर्थ पर गहन चिंतन करते थे।

सन 1938 में, मात्र बीस वर्ष की आयु में, श्रीजी को गुरुपीठ का अधिकार प्राप्त हुआ।

श्रीजी के विद्यालय जीवन के उस एकमात्र मित्र का परिचय अगले लेख में दिया जाएगा।

CA C V Kavathekar, Pune

Practicing CA for last over 50 years, Sr Agnihotra & Reiki Sadhak, who has blessed by Gajanan Maharaj Akkalkot and has interacted with him on several occasions.



Financial Literacy for Children Through Stories

Tapasya



The Umbrella That Was Carried Only When It Rained - CA Amit Dhadphale

Dear Readers,

Continuing with our series to convey financial literacy for children by picking up simple bedtime stories and adding a money twist: we are back with a fresh story in this issue. As always, the idea is to keep the language simple, direct, and fun, so that the key take-aways quietly sit in the child's mind (and stay there!).

With July bringing full monsoon, green views, hot snacks, and a busier school routine... let's talk about one simple thing that can save us a lot of trouble: being prepared before the rain actually begins.

The story

Kabir had a small blue umbrella. He remembered it only when rain was already falling.

If the sky looked 'mostly okay', he would leave it behind. Then, as if the clouds were listening, the rain would begin exactly when he was halfway to school. Wet socks. Damp notebook corners. Great irritation. Poor umbrella: always blamed, never carried on time.

One day, his mother said, 'Take it even if it doesn't rain.' Kabir rolled his eyes but carried it anyway. That day, no rain. 'See?' he said proudly.

The next day he carried it again. This time the rain came sharply, without warning. Kabir stayed dry, his books stayed safe, and for once he reached school without looking like a soggy samosa.

That week, he understood something important: *good habits are useful before they become urgent.*

a) Unwrapping the suspense from the story itself

The umbrella in this story is not just an umbrella. It is a habit. And habits are funny things: they often feel unnecessary on the day you follow them and absolutely necessary on the day you ignore them.





continued...

That is true for money as well. Saving regularly, keeping a little aside, reviewing your spending: these actions can feel boring when everything seems fine. But when a sudden need appears, those quiet habits start looking brilliant.

The suspense here comes from the sky itself. Will it rain or not? Kabir keeps guessing. But the real lesson is this: smart decisions are not built on guessing. They are built on preparation.

b) Financial learnings / takeaways

- Preparation feels extra... until the day it saves you.
- Good money habits should not depend on mood, laziness, or the weather of the day.
- A little readiness today prevents a lot of stress tomorrow.
- Regular habits make surprises easier to handle.
- Waiting for a problem to arrive is usually the most expensive time to prepare for it.

c) How can we implement these in our life?

Let's keep it practical: here are actions a child can actually do (starting this week):

1. The Umbrella Money Rule

- Keep one small portion of your pocket money untouched each week.
- This is not for fun spending. This is your 'just in case' money.
- Call it your Rainy Day Jar if you like—July will approve.

2. The Before-Not-After Habit

- Choose one day each week to review your money before you spend the next lot.
- Ask: What is left? What is needed? What can wait?
- Problems become smaller when we meet them early.

3. Protect the Important Things First

- If you get money, first save for essentials or goals; then think about treats.
- It is like covering your school bag before admiring the rain





4.) A Tiny Monsoon Game

- For one week, each time you save before spending, give yourself one 'umbrella point'.
- At the end of the week, count your points and see how prepared you were.

d) Conclusion

Kabir did not become wiser because the rain changed. He became wiser because his habit changed. That is what preparedness does. It quietly removes panic from ordinary life.

So, the next time something feels unnecessary: an umbrella, a review, a little saving: pause for a moment. Sometimes the things that seem unnecessary today are exactly the things that rescue tomorrow.

Financial take-away of the month: Carry your umbrella before the rain—save before the surprise.

Points to ponder

- Have you ever said, 'I'll do it later,' and then wished you had done it earlier?
- What could be your own Rainy Day Jar this month?
- Which habit in your life works like an umbrella?

Happy Reading, Happy Learning!

CA Amit Dhadphale

PS: Views are personal. Designed to build financial awareness and healthy money habits among children through stories. GenAI was used to develop an iteration of this article. The end product was reviewed and edited by the author before publication.



CA Amit Dhadphale, Pune

CA Amit Dhadphale is an experienced professional and works with one of the Big 4 accounting firms in India



Industry Inspirations

Mr. Vijay Kumar, Mechanical Engineer, MBA (Finance)

Director, 3M, Commercial Branding & Transportation Business for the Asia region

A very warm welcome to Mr. Vijay Kumar, Mechanical Engineer, MBA (Finance)

Q: Kindly Introduce yourself

A: My career began in the early 1990s as a Mechanical Engineer on the service floor at DCM Toyota. At the time, India's automobile industry was entering a highly dynamic phase of growth. New manufacturing plants were being set up across the country, and getting my hands dirty on the service floor provided me with a practical foundation while growing alongside the industry. A few years later, noticing the economic winds shifting toward financial services, I decided to pivot. I completed an MBA in Finance just as India's investment banking sector was beginning to evolve. I joined JM Financial, which later became JM Morgan Stanley, and spent the next decade working on intense mergers, acquisitions, and capital market transactions.



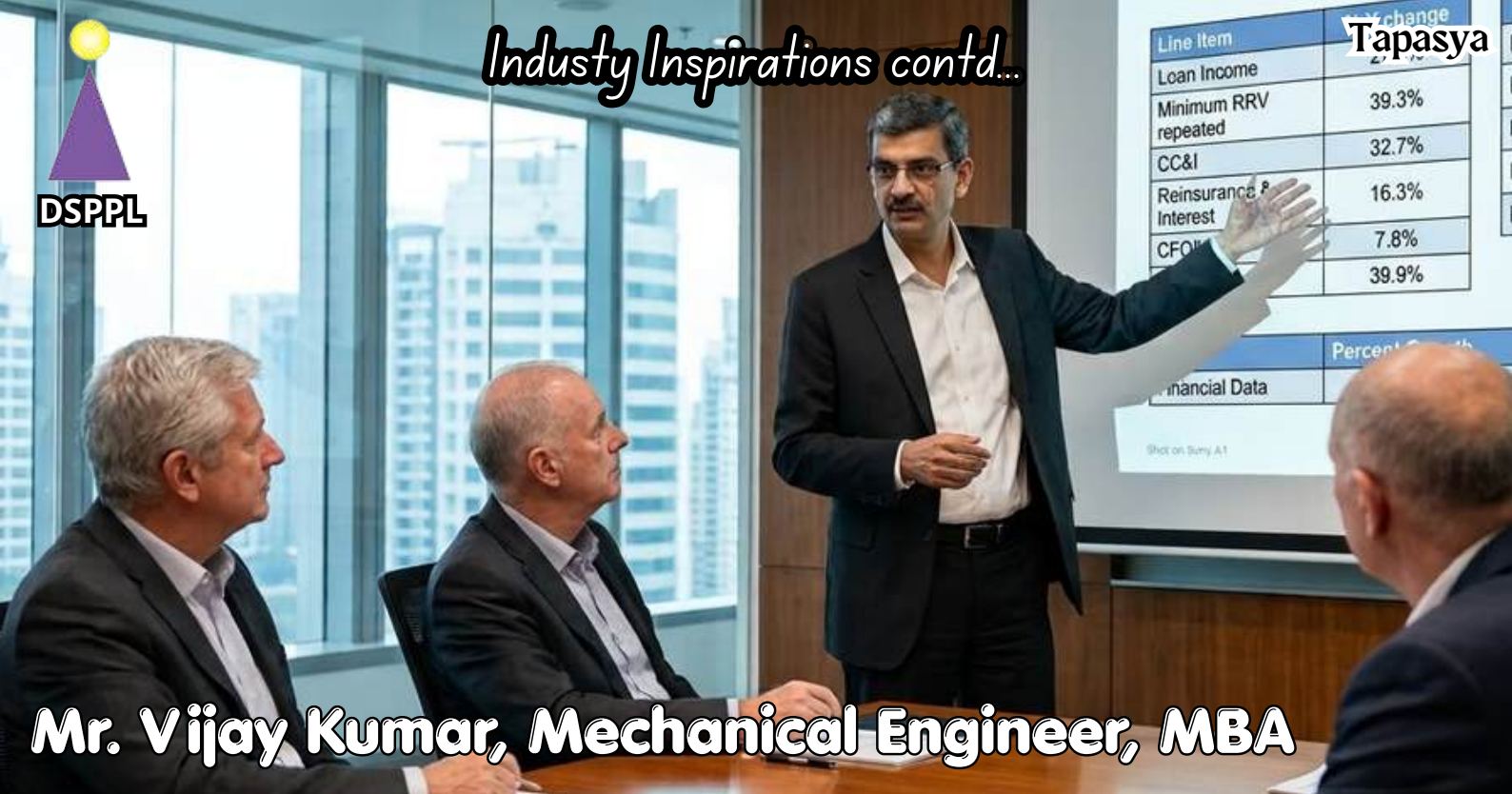
While investment banking was intellectually rewarding, it was entirely advisory in nature. Over time, I became curious about the corporate side of the equation—specifically, what it actually means to acquire a business and successfully integrate it. That curiosity led me to the corporate world at 3M India, where I joined to lead the M&A team. Over the years, that role expanded into corporate strategy, board responsibilities, and business leadership across India and Asia. Today, I serve as the Director for 3M's Commercial Branding & Transportation Business for the Asia region, excluding China, based initially out of Singapore and now Bangalore.

Q2. It is an inspiring journey started from the scratch as a Mechanical Engineer. Your hardwork and the Management qualification in Finance has brought laurels. It is indeed a commendable achievement to become the Director at Asia level.

Kindly guide us What is the basic qualification to reach this goal.

A: Looking back at this trajectory, the traditional pathway for leaders in corporate management and investment banking has long been an Engineering degree paired with an MBA, or a Chartered Accountancy qualification. While the rise of Artificial Intelligence and advanced digital tools is beginning to change how companies hire, the fundamental rule remains: you need a strong educational foundation and a genuine specialization in your chosen field. However, a degree





Mr. Vijay Kumar, Mechanical Engineer, MBA

only gets you through the door. Once you are inside, your best asset is an ability to learn constantly.

Positioning yourself in a growing industry solves half the career challenge. It is much easier to ride a rising tide, so finding an alignment between an expanding sector and your personal interests is vital, even if it takes a few years to achieve.

For young professionals entering the workforce today, the environment is filled with unprecedented digital distractions. Yet, the same technology that distracts you also brings the latest global developments in your field straight to your fingertips. The latest research papers, news, transactions can be accessed at the press of a button. Treading that fine line productively is key.

Q3: Always being ready to learn is the key for the growth of any professional is your guidance. Tell us the turning points in the career.

A: My journey also taught me that being open to international opportunities is crucial, though it comes with steep learning curves. Early in my career, I faced significant challenges working in Hong Kong, where the corporate culture and expectations were entirely different from what I knew. I did not measure up in many of those initial situations, but I learned from those setbacks, and was far better prepared when I later relocated to Singapore for a different job.

Similarly, my early years in banking threw me directly in front of CEOs and CFOs. You may have prepared for a week, but would have only a few minutes to explain the idea and how you would execute it. This forced me to quickly develop the professional gravitas and approach needed to engage senior leaders. On a lighter note, it also demystified them for me; I realized that despite their tough public exteriors, they are just human and fallible like the rest of us.



Ultimately, an innovative mindset and a desire to excel is what makes you stand out in a highly competitive market. Whether it was structuring novel financial instruments in banking or developing new physical products at 3M that addressed unmet customer needs, innovation forces you to re-evaluate processes and look for efficiencies. In today's corporate landscape, where AI tools are actively redefining work, continuous learning is indispensable if you don't want to be left behind. I constantly read and try to keep abreast of developments important to me. Think about Doctors who are constantly updating themselves on advancements around the world in their field of specialization. They are the ones who are the most sought after by their patients.



Because these roles are physically and mentally demanding, it is easy to fall into a spiral of target-driven anxiety while trying to balance a career, a social life, and family commitments.

Q4: So many first hand experiences you have shared with our young readers. I am sure it will benefit them. Specially keeping work life balance. Let us know your spiritual inclination.

While I am not overtly religious, I have relied on spirituality, Yoga meditation and reiki works to keep me grounded on the straight path and develop an internal compass that works for me.



सब का मूल खुद में ही

- जयंती योगेश काटदरे

रीना एक किताब पढ़ रही थी | उसमें कर्म और संस्कारों के बारे में जानकारी दी गई थी | उसमें जो लिखा था उसका सार रीना को इस तरह लगा कि हर घटना का एक कारण होता ही है और उसका मूल कारण खुद में ही होता है | यह बात अधिक रूप से समझने के लिए उसने अपनी दादी से इस विषय पर चर्चा की | दादी ने कहा, "रीना, तुम सच में बड़ी हो रही हो | यह सच है कि सबका मूल हममें ही है, पर यह सब ज्ञान हम सबको जब हम सोचें तब खुलता नहीं है | वह ज्ञान या फिर समझ पाने के लिए भी हमें पात्र होना पड़ता है | पर वह पात्रता हम कैसे ला सकते हैं? हमारे एजुकेशन सिस्टम में शायद ही ऐसा कोई विषय होगा जो इस बात के बारे में बताता है या फिर कर्म-संस्कारों के बारे में जानकारी भी देता है |"

रीना ने सोचकर कहा, "सही है | दुर्भाग्य से भारतीय संस्कृति के प्राचीन ज्ञान की संज्ञा मिट गई है | अब कई हद तक शिक्षा का मतलब भरपूर पैसा कमाने का तरीका ही हो चुका है | और इसी वजह से यह ज्ञान देने की जिम्मेदारी खास करके घर के बुजुर्गों पर आ जाती है | पर उसमें भी यह बात रहती है कि कितने घरों में बुजुर्ग और बच्चे साथ रहते हैं? और कितने बुजुर्गों को भी यह बात मालूम होती है? मैं तुम्हें इस तरह से यह बात बता सकती हूँ कि मानो एक घना जंगल है जिसमें कई सारे छोटे-बड़े वृक्ष हैं | अगर छोटा सा बच्चा उसे पूरा देखना चाहेगा तो उसे पहले खुद को ऐसी ऊंचाई पर जाकर बैठना पड़ेगा जहां से वह सब देख पाए | पर छोटे बच्चों के लिए यह ऊंचाई बढ़ाने की बात समझाना भी मुश्किल है और वह चाहे तो भी बिना सहारे इतनी ऊंचाई पर पहुँच नहीं सकता |"

"बिल्कुल |" रीना ने कहा |

"वही भूमिका एक व्यक्ति के जीवन में माता-पिता, बुजुर्ग, शिक्षक और गुरु निभाते हैं | वह व्यक्ति को ज्ञान क्या है, उसकी जिंदगी में जरूरत क्या है, इसका पहला एहसास दिलाते हैं | उसके लिए प्रकृति कई बार

सब का मूल खुद में ही

Tapasya

DSPPL

continued...

दुखदायक घटनाएं, जिन्हें तुम लोग चैलेंजिंग सिचुएशंस भी बोलते हो, लाती है ताकि हमें जो सीखना है वह हम जानें और सीखने की इच्छा बढ़ाएं | "

"पर दादी, फिर देवताओं ने अवतार लिए, उसमें उन्होंने दुख क्यों चुना? उन्हें सीखने की क्या आवश्यकता थी?" रीना के मन में यह शंका उत्पन्न हुई |

दादी ने हंसकर कहा, "वही तो | जब उन्होंने मानव का शरीर लिया तब मानव की मर्यादा और जरूरतों को भी स्वीकार कर लिया | उन्होंने दुख इसलिए लिया ताकि वह दुख को कैसे संभालना है, उससे बाहर कैसे आना है, और दुख होने के बावजूद भी अपना कर्तव्य कैसे निभाना है, यह सब अपने आचरण से दिखा सकें | ज्ञान पाने की जरूरत हर इंसान को होती है, चाहे वह परमेश्वर हो या फिर आम इंसान | पर कुछ समझते हैं, कुछ वैसे ही रहते हैं | "

"फिर दादी, आप मुझे घटनाओं के खुद से संबंध के बारे में थोड़ा और विस्तार से बताइए ना | "

"देख रीना, जब गुरु कृपा या ईश्वर कृपा होती है तब लोगों की समझ, जान, तुम्हारी भाषा में कॉन्शसनेस बढ़ने लगता है | समझ बढ़ जाना यानी किसी स्थिति, घटना या फिर व्यक्ति को सिर्फ एक ही दृष्टिकोण से नापने के बदले कई सारे पहलुओं से उसकी भूमिका या फिर हेतु समझने की कोशिश कर पाना | यानी उतनी परिपक्वता पाना | और जब यह समझ हमें आने लगती है, झगड़े का मूल कारण ही चला जाता है | क्योंकि गुस्सा आने के बाद भी हम यह बात ध्यान में रखते हैं कि कोई भी घटना यूं ही नहीं होती है | हमारा उससे कुछ न कुछ तो संबंध होता है |

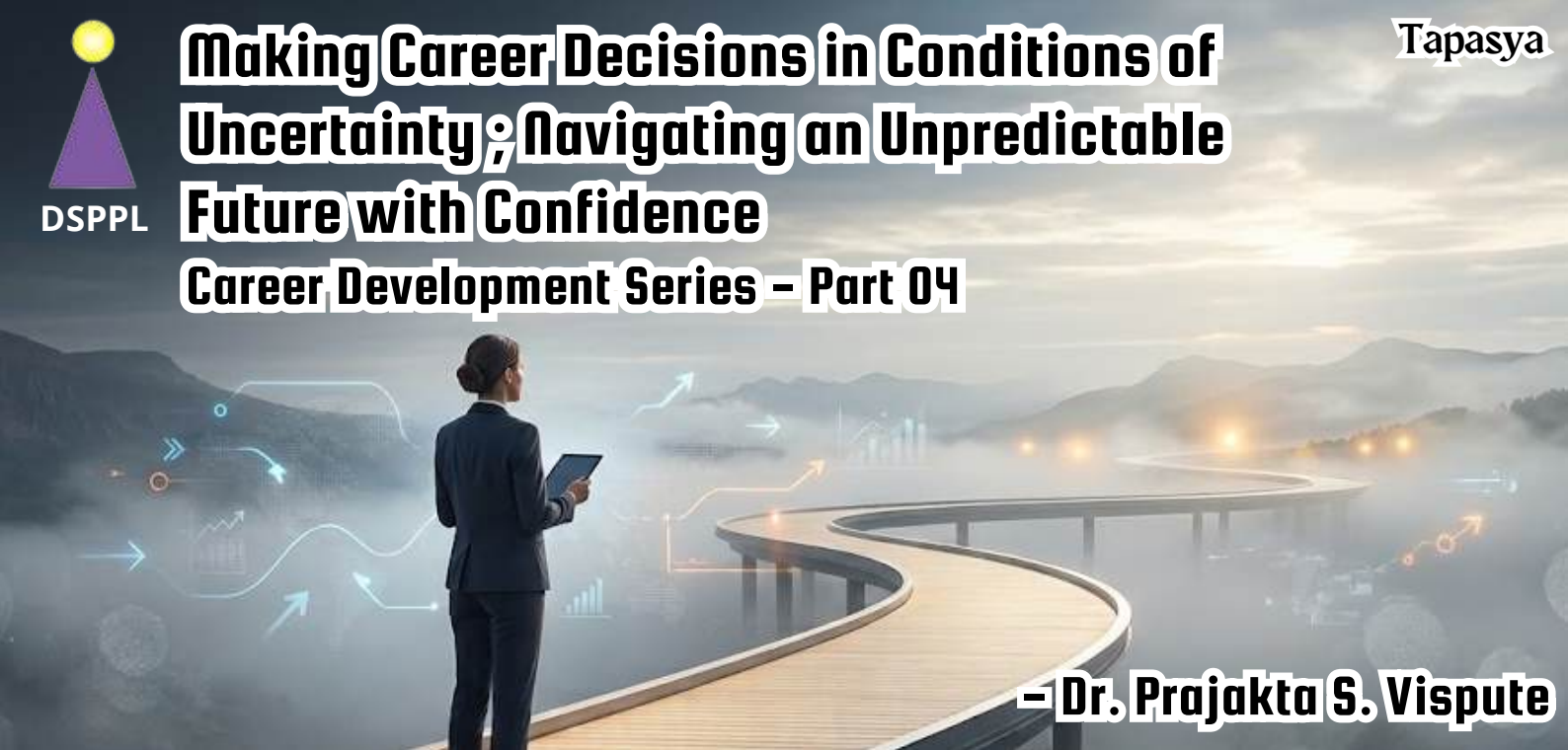
जैसे एक बड़े से टैंक में पानी भरकर अपने-अपने पाइप से कनेक्शन बनाकर हम घर तक वह पानी लाते हैं | अगर कनेक्शन देने वाला वह पाइप ही न हो तो पानी हम तक नहीं आएगा |

वैसे ही घटनाएं तो घटने वाली होती हैं, पर जिनका हमारे कर्मों के साथ कुछ ताल्लुक होता है वही हमारे पास आती हैं | और इसलिए कहा है कि हमारे साथ घटने वाली घटनाओं का मूल खुद में ही होता है | "



Making Career Decisions in Conditions of Uncertainty; Navigating an Unpredictable Future with Confidence

Career Development Series – Part 04



– Dr. Prajakta S. Vispute

Choosing a career is one of the most important decisions in life, but it is also one of the most uncertain. New technologies, changing industries, and evolving job roles make it impossible to predict the future with complete accuracy. Instead of waiting for the "perfect" career choice, it is better to make informed decisions, learn from experience, and stay adaptable.

Why Perfect Information Is Rarely Available

No one has complete information when choosing a career. The job market changes, new professions emerge, and personal interests often evolve. Information from family, teachers, or the internet can be helpful, but it cannot fully predict whether a career will be satisfying. Therefore, career decisions must be made with the best information available, while accepting that some uncertainty will always exist.

Understanding Risk, Ambiguity, and Bounded Rationality

Decision-making theory explains that people often make choices under uncertainty.

- **Risk** means the possible outcomes are uncertain, but their likelihood can be estimated. For example, healthcare and technology careers generally have strong job demand.
- **Ambiguity** means the future is unclear, and even the possible outcomes are unknown. For example, no one can predict which new AI-related careers will dominate in the next decade.
- **Bounded Rationality**, a concept introduced by Herbert Simon, explains that people have limited time, information, and mental capacity. Instead of finding the perfect choice, we usually select an option that is practical and "good enough."

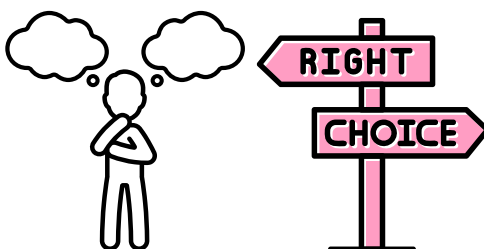
Understanding these concepts helps reduce the pressure of making a perfect career decision.

Test Careers Through Small Experiments

Rather than committing immediately to a career, explore it through small experiences such as:

- Internships & Volunteering
- Online certification courses
- Freelance projects, Personal or College Projects
- Job shadowing





continued...

These experiences provide real-world insights and help you discover what suits your interests and strengths before making long-term commitments.

Building Confidence in Your Decisions

Confidence does not come from having perfect certainty—it grows through action and experience. Every project, internship, or learning opportunity improves your understanding and helps you make better future decisions.

Remember:

- No career is perfect.
- Most career decisions can be changed or improved over time.
- Focus on developing transferable skills such as communication, problem-solving, digital literacy, and continuous learning.
- Stay open to new opportunities and be willing to adapt.

A Practical Decision-Making Framework

When facing an important career decision, individuals can follow a structured approach:

1. Clarify personal interests, strengths, and values.
2. Gather reliable information about career options.
3. Evaluate potential risks and opportunities.
4. Accept that uncertainty cannot be eliminated completely.
5. Test options through internships, projects, or volunteering.
6. Reflect on feedback and experiences.
7. Make the best available decision.
8. Continue learning and remain open to future adjustments.

Conclusion : Career decisions will always involve some uncertainty. Instead of searching for perfect answers, focus on making informed choices, gaining practical experience, and learning continuously. The most successful professionals are not those who always make perfect decisions, but those who adapt, learn, and grow throughout their careers.

In today's changing world, your ability to learn, adapt, and make thoughtful decisions is more valuable than trying to predict the future perfectly.

Dr. Prajakta S. Vispute, Chhatrapati Sambhajnagar

She holds a PhD in Computer Science with 18 years of teaching experience and has published research papers in conferences and journals. Alongside her academic work, she is a spiritual practitioner, bringing balance and insight to her professional journey.





The Divine Caravan of Love: Welcoming Ashadhi Ekadashi

- 8 Ramakrishnan (Thane)

As the monsoon clouds roll over Maharashtra, a unique spiritual fervor grips the air. It is a divine energy that belongs to the open road, the rhythm of the mridangam, and millions of beating hearts chanting a single name: Vitthal, Vitthal, Panduranga.

As we approach Ashadhi Ekadashi, (July 25, 2026) one of the most sacred days in the Hindu calendar, the cosmic focus shifts to Pandharpur—the spiritual heartland where divinity waits patiently on a brick for its devotees.

The Legend of Ultimate Devotion

At the core of Ashadhi Ekadashi lies the timeless story of Bhakta Pundalik. When Lord Krishna (manifested as Vitthal) traveled to the forest of Dindirvan to meet him, Pundalik was deeply engrossed in serving his aged parents. Balancing his duty with devotion, Pundalik tossed a brick toward the Lord, asking Him to stand on it and wait until his parental service was complete.

Pleased by this selfless dedication, the Lord stood on the brick, arms akimbo, waiting with infinite patience. On Ashadhi Ekadashi, we celebrate this profound truth: God does not demand grand rituals or severe asceticism; He willingly waits for the devotee who performs their earthly duties with love, purity, and integrity.

The Wari: A Pilgrimage of Total Surrender

You cannot speak of Ashadhi Ekadashi without speaking of the Wari—an 800-year-old tradition where lakhs of Warkaris walk hundreds of kilometers barefoot toward Pandharpur. Carrying the padukas (footwear) of revered saints like Dnyaneshwar Maharaj (from Alandi) and Tukaram Maharaj (from Dehu) in decorated palkhis (chariots), pilgrims move in organized groups called Dindis.

The Wari serves as the ultimate equalizer:

- Unity Beyond Boundaries: All distinctions of caste, wealth, and status dissolve into a sea of white caps and saffron flags.



The Divine Caravan of Love: Welcoming Ashadhi Ekadashi

continued...

- Vedanta in Practice: The corporate executive walks shoulder-to-shoulder with the humble farmer, recognizing the divine spark in every living being.
- The Spectacle of Ringan: Along scenic routes like the Dive Ghat, devotees form a moving circle called a Ringan. Here, a sacred horse gallops around the palkhi, accompanied by drums, cymbals, and traditional folk performance in a breathtaking display of joy.

Modern Expressions of Seva

The Wari's enduring spirit of service (Seva) continues to inspire modern acts of devotion. **During the 2026 Wari procession's halt in Pune, Reiki Vidya Niketan (RVN) organized its fourth Warkari Reiki Seva Bhandara. Demonstrating immense dedication despite inclement weather, 60 sadhaks gathered to administer healing Reiki to over 80 weary warkaris, beautifully bridging ancient pilgrimage traditions with selfless holistic care.**

Spiritual Reflections for Ashadhi Ekadashi

While not everyone can physically walk the road to Pandharpur, Ashadhi Ekadashi invites us all to embark on an internal pilgrimage:

1. Practice Fasting (Upvaas): Beyond abstaining from grains, true fasting means staying close to the divine (Upa = near, Vaas = stay) by cleansing the mind of negative thoughts and harsh words.
2. Cultivate Patience: Meditate on Vitthal's posture on the brick. It teaches us to remain anchored, calm, and gracefully composed amidst life's turbulent storms.
3. Engage in Naam Smaran: Practice the simple path of liberation by chanting Jai Hari Vitthal or Dnyanoba Mauli Tukaram throughout the day.

The true Pandharpur lies within the temple of your own heart. May this Ashadhi Ekadashi wash away our spiritual dry spells, bless our families with peace, and anchor our minds eternally at the feet of Panduranga.

Ram Krishna Hari!

S Ramakrishnan, Thane

A dedicated resident of Thane for 75 years, he has spent the last eight years as a committed Sadhak. During his distinguished career over six decades in journalism he contributed to numerous national newspapers and news agencies and he served at Johnson & Johnson for 33 years until his retirement in 2010. Today, he finds his fulfillment in social work leading a life dedicated to selfless service (Seva).





CONSTITUTION OF INDIA

- **Kalpita Rakesh**

Article 30 : Schooling minds for integrity

Arjun and his neighbor Aamir are building a castle using blocks. The doorbell rings. Ananya (Arjun's mother) opens the door.

Ananya: "Anna! Welcome."

Acharya Suresh (Ananya's Elder brother, who is a acharya at Chinmay school) enters carrying books and sweets. After greeting everyone, he sits with Raghav (Ananya's Husband)

Acharya Suresh : I heard it's admission season. Have you decided where Arjun will study?

Raghav : We are still exploring different schools.

Acharya Suresh : Why not Chinmaya Vidyalaya? There children don't just learn Mathematics and Science. They begin the day with prayers, yoga and meditation. They learn honesty, discipline, compassion, respect for parents, teachers and nature. Stories from the Ramayana, Mahabharata and Bhagavad Gita are used to teach universal values. The goal is not merely academic excellence but building good human beings.

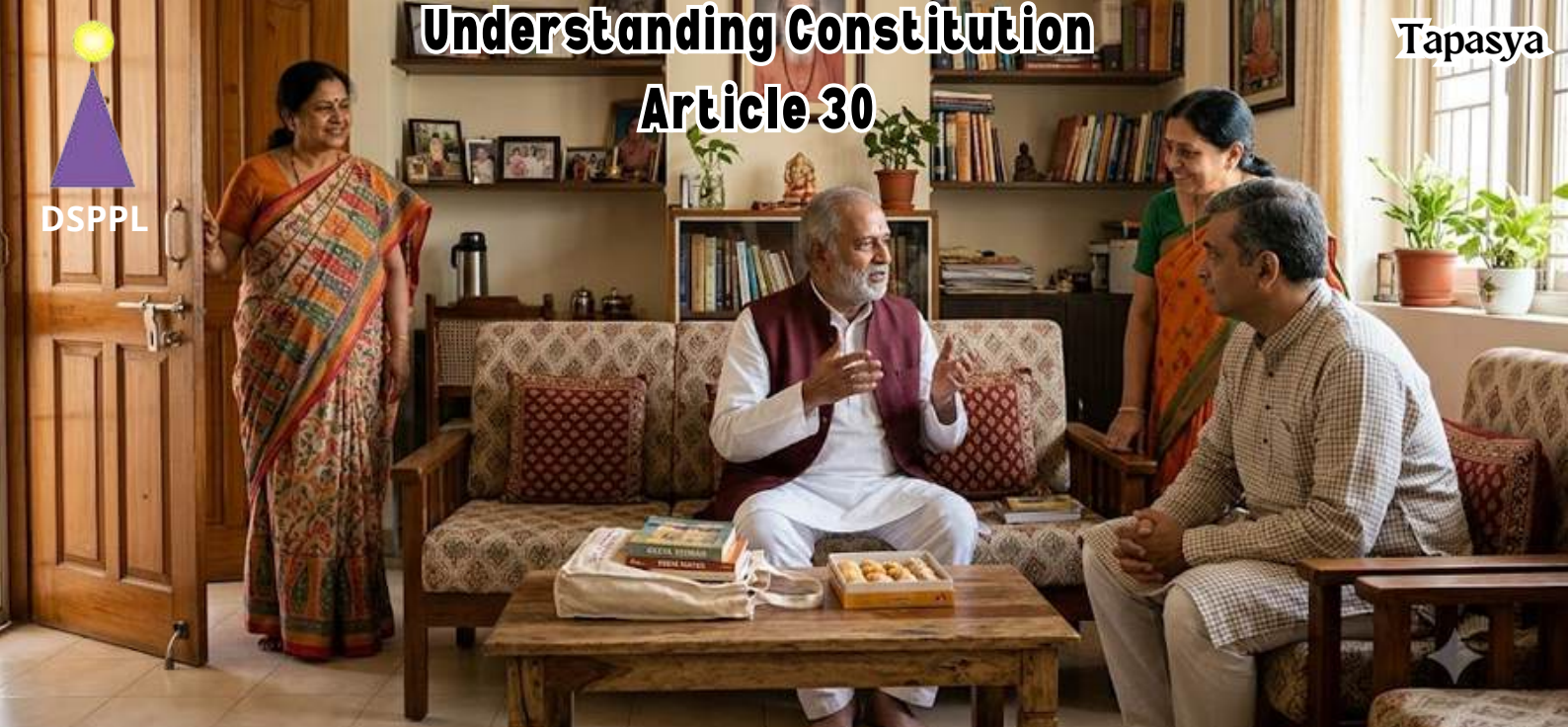
Ananya adds: I've heard the environment is calm and deeply rooted in Indian culture.

(The boys have stopped playing. They quietly listen from behind the sofa. Unable to control his curiosity, Aamir walks towards the elders.)

Aamir: Uncle... I study at Don Bosco School. Acharya Uncle says Chinmaya Vidyalaya is different. How is it different from my school?

Raghav (smiling): That's a very good question. You know, Aamir, schools in India are established in different ways. **Some are Government schools.** They are run by the Government and follow the curriculum prescribed by it. Their purpose is to provide education to children from every religion and community. **They do not provide religious instruction in a way that promotes one particular religion.** Then there are private schools, run by charitable trusts and educational societies. Among these, some are institutions established and administered by religious or linguistic minority communities.





Our Constitution, through Article 30, gives these communities the right to establish and administer educational institutions of their choice so that they can preserve their language, culture and traditions. Some of these institutions receive Government aid if they satisfy the applicable laws and policies. Many others are completely privately funded. Minority status does not automatically mean Government funding.

Aamir: Like my school?

Raghav: Yes. Don Bosco is a Christian educational institution. Many Christian schools celebrate Christmas, teach Christian values, and in some cases provide Bible classes for Christian students. Students from other religions usually attend value education or moral science classes instead.

Amir (thinking): So... if Christians have schools where they can preserve their traditions... do Muslims also have schools?

Raghav: Yes. There are schools and Madrasas established by Muslim organisations. Depending on the institution, students may learn the Qur'an, Islamic traditions, Arabic and also study modern subjects such as Mathematics, Science and English. The Constitution protects the right of minority communities to preserve their identity through education.

Arjun: Then what about Chinmaya Vidyalaya? Why doesn't it get the same protection?

Acharya Suresh smiles but lets Raghav answer.

Raghav: That is an interesting question. Chinmaya Mission is a Hindu educational organisation. Since Hindus are the majority religion in India at the national level, Hindu institutions do not receive the special constitutional protection given under Article 30 on the basis of religion. However, they are free to establish schools under the general education laws of the country, just like many other private educational trusts.

Chinmaya Vidyalayas teach Indian culture, Sanskrit, yoga, the Bhagavad Gita and value-based education as part of their educational philosophy.

Arjun: Then... why does the Constitution give this special right only to minorities?



Article 30 of The Indian Constitution



Right of minorities to establish and administer educational institutions.

Raghav: The makers of our Constitution believed that smaller communities might lose their language or traditions over time. So they gave them this protection. Then he pauses.

Raghav (thoughtfully): Some people believe this is necessary to preserve India's diversity. Others believe that every community, whether majority or minority, should enjoy similar rights to preserve its traditions through education. That is a matter of public debate in our democracy. Our Constitution allows citizens to discuss such questions respectfully.

Aamir: So... people can have different opinions?

Raghav: Of course. That is one of the strengths of a democracy. We should first understand the law, then think carefully, and finally form our own opinion with respect for others.

Acharya Suresh: Exactly. The purpose of education is not only to learn facts. It is to learn to ask good questions.

(The two boys look at each other.)

Arjun :Can I visit your school someday?

Aamir (smiling): Only if you let me visit Chinmaya Vidyalaya too!

(Everyone laughs as the curtain slowly falls.)

Kalpita Rakesh Vazhayil, Mumbai



A postgraduate in Inorganic Chemistry from Wilson College, has also completed a Postgraduate Diploma in Materials Management from IIMM and a Certificate Course in Foreign Trade. With over a decade of experience in logistics, her latest venture is Samruddhi Niryat, which aims at promoting health and sustainability through millets. A theater enthusiast who thrives on exploring and learning new fields.



रामायण कथा: यज्ञ का रक्षण

- भाग्यश्री पुरोहित

ताटिकाके वधउपरांत तिनी गुरु-शिष्य ने रात्री के समय वही स्थान पर निवास किया। सुबह जल्दी उठकर ध्यान, संध्या वंदन, जप वगैरह करने के बाद, ऋषि विश्वामित्र ने दोनों राजकुमारों को बहुत अच्छी बातें बताईं। विश्वामित्र ने राम को कई अस्त्र दिए जो भविष्य में राक्षसों का नाश करने के लिए उपयुक्त थे। इनमें से कई अस्त्र बड़े-बड़े योद्धाओं को भी ज्ञात नहीं थे। कई अद्भुत अस्त्र पाकर दोनों कुमार और भी बलवान हो गए। काफी दूर चलने के बाद, गुरु-शिष्य एक आश्रम में पहुँचे। वह आश्रम बहुत सुंदर लग रहा था, प्राकृतिक सुंदरता से सजा हुआ था। आश्रम के पास हिरणों के कई झुंड खुशी-खुशी और आज़ादी से घूमते हुए दिख रहे थे। श्री राम ने गुरुदेव से सामने दिख रहे आश्रम के बारे में पूछा। गुरुदेव ने कहा कि यह सिद्ध आश्रम है। भगवान विष्णु ने पहले यहाँ सौ वर्षों तक तपस्या की थी। उनकी तपस्या के कारण ही यह आश्रम सिद्ध आश्रम बन गया है। वामन अवतार लेने से पहले, विष्णु यहाँ तपस्या करने के लिए बैठे थे। यह बहुत पवित्र आश्रम है। आश्रम के बारे में बातें करने के बाद, तीनों सिद्ध आश्रम पहुँचे। आश्रम में सभी साधकों ने तीनों का बड़े आनंदसे स्वागत किया। अगली सुबह जल्दी उठकर संध्या-वंदन और ध्यान करके दोनों कुमार विश्वामित्र के पास गए। उन्होंने अग्निहोत्र कर रहे गुरुदेव को प्रणाम किया। थोड़ी देर बाद विश्वामित्र की यज्ञ साधना शुरू हुई। अगले छह रात और छह दिन तक दोनों कुमारों पर यज्ञ की रक्षा का उत्तरदायित्व था। वे कुमार, जो केवल पंद्रह-सोलह साल के थे, छह दिन और छह रात बिना सोए वेदी के पास यज्ञ की रक्षा के लिए तैयार थे। पांच दिन पूरे हो गए। पांचों दिन बहुत आसानी से बीत गए। छठा और आखिरी दिन शुरू हुआ। अब, राम और लक्ष्मण और भी सावधान हो गए। उस समय, आकाश में गरजने जैसी भयानक आवाज सुनाई दी। मानो आकाश काले बादलों से भर जाने वाला हो, आकाश कई राक्षसों के आने से भर गया। कई मायावी राक्षसों के साथ, शक्तिशाली राक्षस मारीच और सुबाहु यज्ञ में बाधा डालने के लिए दौड़ते हुए दिखाई दिए। दोनों कुमारों ने धनुष पर तीर चढ़ाए। राक्षसों ने यज्ञ स्थल के आस-पास गंदगी, कचरा, खून और मांस की बारिश शुरू कर दी।





..continued

राम ने सबसे पहले राक्षस मारीच पर अपना मानवास्त्र चलाया। उस हथियार की ज़बरदस्त ताकत से मारीच 100 योजन दूर समुद्र में गिर गया। उसकी शक्ति का आभास कराने के लिये , राम ने खुद मारीच को नहीं मारा बल्कि मानवास्त्रका उपयोग किया और उसे एक ही तीर से दूर उड़ा दिया। लेकिन मूर्ख राक्षसों को राम का यह इशारा समझ नहीं आया। अगर राक्षस पर हमले की वजह से दूसरे राक्षस भाग जाते, तो वे बच जाते। ऐसा लगा जैसे राम ने राक्षसों को अपनी जान बचाने का मौका दिया हो। लेकिन राक्षस भागने के बजाय यज्ञ में रुकावट डालने की कोशिश करते रहे। फिर, राम ने अपना आग्नेयास्त्र छोड़ा और सुबाहु को मार डाला। विश्वामित्र के दिए अस्त्रों का उपयोग करके अपने भाई के साथ मिलकर उसने सभी राक्षसों का नाश कर दिया। राम और लक्ष्मण यज्ञ की रक्षा करने में कामयाब रहे। विश्वामित्र खुद इन सभी राक्षसों का नाश करने में सक्षम थे, लेकिन वे खुद यज्ञ करने में व्यस्त थे, इसलिए वे किसी भी राक्षस को मारना नहीं चाहते थे। क्योंकि यज्ञ पूरा होने से पहले राक्षसों को मारने या श्राप देने से उनका यज्ञ असफल हो जाता। राम और लक्ष्मण द्वारा शुभ कार्य पूरा हो गया। विश्वामित्र उन दोनों के पराक्रम से प्रसन्न हुए। प्रसन्न मन से उन्होंने दोनों को आशीर्वाद दिया। सिद्धाश्रम में कार्य अब पूरा हो गया था। मिथिला नगर में कुछ शुभ यज्ञ कार्यों का आयोजन किया गया था। इसके लिए राजा जनक ने विश्वामित्र को आमंत्रित किया था। इसलिए विश्वामित्र सभी ऋषियों और मुनियों के साथ सिद्धाश्रम से मिथिला के लिए निकल पड़े। उन्होंने राम लक्ष्मण को भी अपने साथ चलने का आदेश दिया। मिथिला नगर बहुत विशाल था और हिमालय की गोद में बसा हुआ था। आज का नेपाल और आसपास का बिहार और अन्य राज्य जनक के राज्य का हिस्सा थे। राम लक्ष्मण ने गुरुदेव की आज्ञा का पालन किया। वह उनके साथ मिथिला शहर जाने के लिए तैयार हो गए। अगर हम कोई काम करने का मन बना लें, तो हम उसे आसानी से पूरा कर सकते हैं, चाहे वह कितना भी मुश्किल क्यों न हो। काम के प्रति निष्ठा ही हमें उसे पूरा करने की शक्ति देती है। जैसे 15 से 16 आयु के राम लक्ष्मणने छह दिन और रात्री जागृत रहकर यज्ञका रक्षण किया। मनके शक्ति को आयु की मर्यादा नहीं होती है।

Bhagyashree Purohit, Nashik

She is an M.Com and B.Ed qualified educator, currently serving as a teacher in Nashik. Alongside her professional journey, she is a devoted Reiki sadhak,



Article 4: The Show, Don't Tell Secret

- Janani Manu, Bengaluru

Have you ever read a sentence that just tells you something, but does not let you feel it? Like being told a joke is funny instead of actually laughing at it. That is the difference between writing that tells and writing that shows. And once you learn this secret, your writing will never feel flat again.

Here are two sentences about the same moment:

Version A (Telling): "Ravi was scared."

Version B (Showing): "Ravi's hands trembled, and his heart thudded so loudly he was sure everyone could hear it."

Version A gives you a fact. Version B gives you a feeling. In Version B, you do not need the word "scared" at all, you already know it, because you can picture it happening.

That is the secret great writers use. Instead of naming an emotion, they describe what the body does, what the eyes see, what the character notices. The reader figures out the feeling on their own, and that makes the writing so much more powerful.

Reflect: Think of a time you felt very happy, or very nervous. Instead of writing "I felt happy" or "I felt nervous," write two sentences that show it, using what your body did or what you noticed around you.

Quick tip: Whenever you catch yourself writing a feeling word, like happy, sad, angry, or scared, stop and ask yourself: how would someone act if they felt this way? Write that instead.

Challenge: •Pick one of these words: excited, embarrassed, proud.

•Write three sentences that show this feeling without ever using the word itself.

•Read it to a friend or family member. Can they guess the feeling just from what you showed them? **When you show instead of tell, your reader does not just find out how a character feels, they feel it right alongside them.**



Janani Manu, Bengaluru

A teacher trainer and public speaking coach for children, have been working with children for 15 years now. Specialise in teaching with innovation and creativity 😊🙏



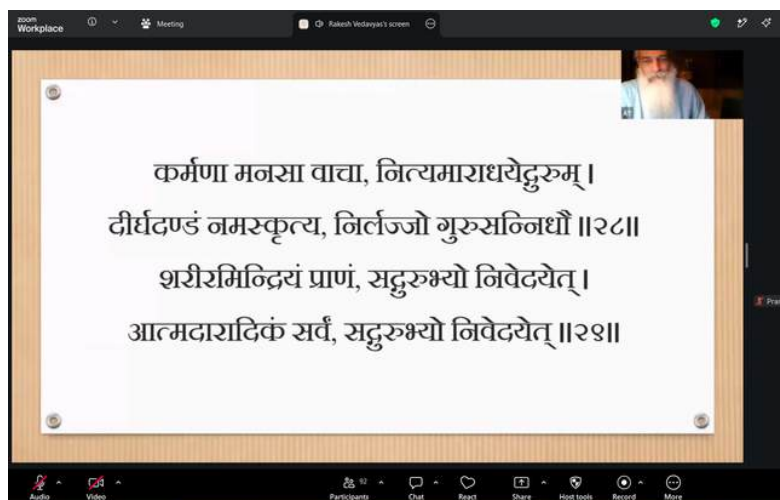
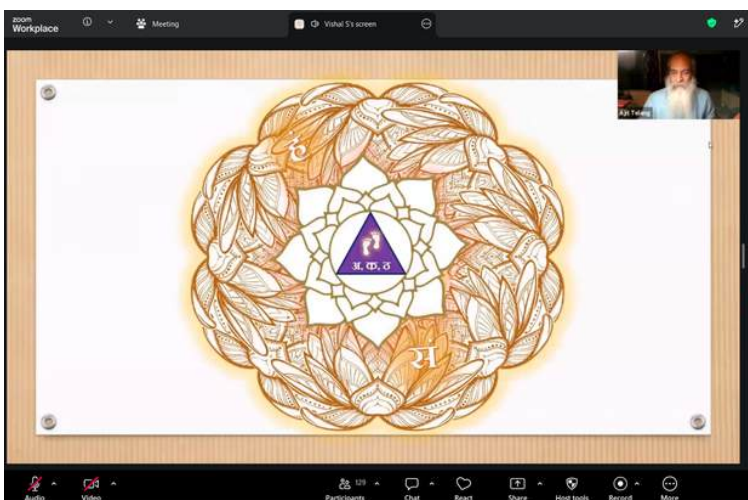


DSPPL Events

Guru Vandana Program - 15th to 30th July 2026

Jai Guruev, The month of Ashadh is considered as a pious month, naturally tuned to pursue Guru Sadhana. Chanting of Guru Geeta is considered as one of the important options of doing such sadhana. Guru Geeta is a divine song of Guru, narrated by Lord Shiva to Mata Parvati for the benefit of mankind. Guru Geeta is for the Sadhaks who wish to pursue the path of total surrender towards the Guru Tatva. Obviously our Guruji Ajit Telang Sir used to like Guru Geeta very much.

With the blessings of Shri Swami Samarth and Ajit Sir, an Online Guru Vandana Program was organised from 15th July to 30th July, 2026 which involved daily two aspects (a) Chanting of Guru Geeta, followed by (b) Discourse on each verse of Guru Geeta by our Guru Shri Ajit Telang Sir. Every year, Sadhak participates in this initiative very enthusiastically and this year also the response was overwhelming. Sadhaks all over from India, USA, Canada, UAE joined for this program. Every day, one sadhak used to chant Guru Geeta by keeping mike "on" while other sadhaks used to chant Guru Geeta keeping their mikes muted. Then we used to play videos of Guruji Ajit Sir explaining the hidden meaning behind Guru Geeta verses. Guruji's melodious voice, his soothing and unique way of narrating the secrets behind Guru Geeta verses and the connecting stories gives new insight every year. We thank all the Sadhaks for participating in this endeavour and making the best out of it. May Bhagvan Shiv, Mata Parvati, Swamiji and Guruji bless everyone who participated in this program, who chanted or listened to Guru Geeta and discourse by Guruji.



DSPPL Events

Guru Geeta Chanting online class (1st July to 14th July, 2026)

DSPPL organised online classes from 1st July to 14th July, 2026 everyday for 1 hour for chanting of Guru Geeta in a correct grammatical manner and in soothing rhythm. As we all know, Guru Geeta is placed in Chapter 49 of pious Guru Charitra and is worshipped by every sadhak from Datta Sampraday.

Our beloved Ms Vinaya Deo was the faculty for the teaching same. Vinaya Tai is M.A., M(Phil), Sanskrit and Visiting Faculty for M.A. Sanskrit Literature at prestigious Tilak Maharashtra Vidyapith at Pune since 1987. Total 46 participants registered for this program.

Our Sadhak Komal Pukale acted as co-ordinator for the program. So far, DSPPL has been instrumental in learning Guru Geeta for about 250+ Sadhaks. This is possible only due to the grace of Swamiji and Guruji. Everyone thanked DSPPL and Vinaya Tai for this beautiful initiative.

Achievement by DSSPL Student - Khush Muley

Our DSPPL Student Master Khush Muley from Vadodara, performed in the Shankar Mahadevan Academy (AMA) annual event 'Sangam' at Bengaluru on 3rd July 2026. He was also felicitated with certificate for the participation and completion of the Keyboard learning course. DSPPL wishes him best for his further learning and future endeavours.



DSPPL Events

WISE Program at Devrukh - 25th-26th July 2026

WISE program - designed by our beloved Guruji Ajit Sir especially meant for women, was held at our Devrukh Ashram on 25th and 26th July 2026. Participants were blessed to stay with Swami on the auspicious day of **Ashadhi Ekadashi**.

Women's Innate Self Empowerment (WISE) aims to help women realize and awaken their own strength, capacities, and the fantastic gifts bestowed upon them by Mother Nature. This can be fully achieved only when women accept themselves completely and cherish their womanhood, which is reflected in their attitude, roles, and responsibilities.

WISE creates a sacred space and atmosphere where women can look within themselves through various sessions, lectures, and activities.

The program commenced with the traditional welcome that is "**Aukshan**" for the participants, followed by lighting of the lamp and chanting of **Ganesh Vandana and Saraswati Vandana**.

As always, our Reiki Masters **Ms. Krupa Choksi** and **Ms. Ashwini Telang** put in their wholehearted efforts to conduct all sessions in alignment with our beloved Guruji's guidance. They were supported by another Reiki Master, **Ms. Kalpita Keer**.

Our Reiki Sadhak, **Ms. Rashmi Ambukar**, took charge of the coordination and performed wonderfully to ensure the smooth conduct of the program.

The PS, SPS, and all other Sevekaris also rendered their selfless service to Swami by offering their helping hand during this seminar.



DSPPL

DSPPL Events

Upcoming Event for Entire Family - 16th August 2026



DSPPL (Devrukh Spiritual Prowess Pvt Ltd)
Presents



Spiritual **A**wareness for **F**amily **E**nlightenment

Online Shravan Family Festival



ॐ सर्वे भवन्तु सुखिनः
सन्तु निरामयाः



Festival of Transformation - One day program for the entire Family
with Satyanarayan Pooja, Quiz, Drama, Bhajan, Agnihotra,
Story telling, Gita chanting, Shiv chanting and more...

Sunday

16 AUGUST
2026

6.30 AM TO
7.45 PM

Fees - INR 600/- per family
Registration Coordinator
Rashmi Ambukar 98335 94998

Register:
<https://rzp.io/rzp/shravanfest>

1. Registration Link = <https://rzp.io/rzp/shravanfest>
2. Contact details for any additional questions = Rashmi Ambukar - 98335 94998
3. Fees = Rs 600/- for entire family for full day program



DSPPL COMICS

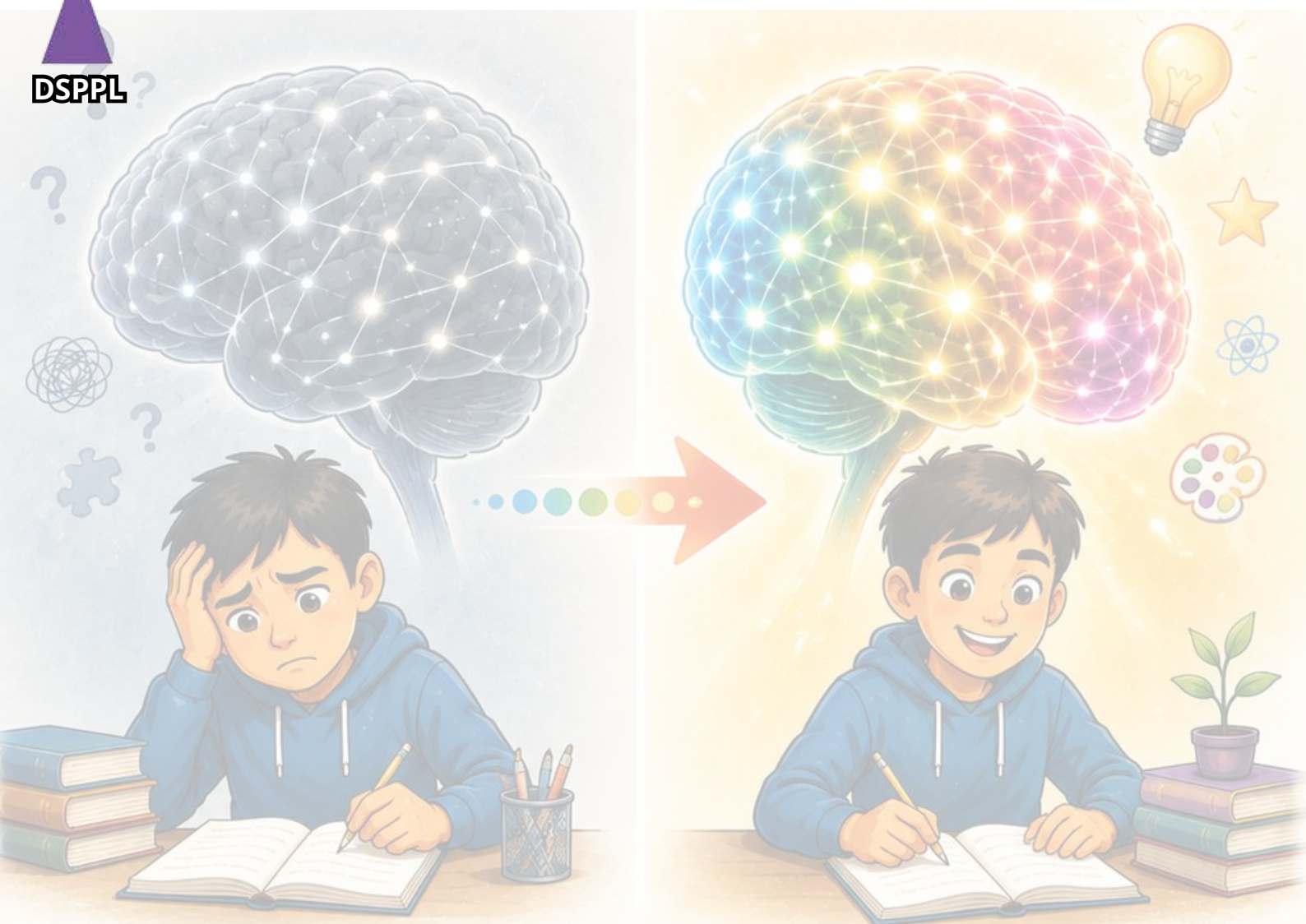
Story: Komal Amol

Illustrations: Ashish



Komal Amol, Bengaluru

She has been associated with Reiki Vidya Niketan since 2007 and one of our DSPPL teachers for subjects like Ancient Science, Drop IT and Agnihotra. Professionally she is a Software Engineer working in an IT firm in Bangalore.



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